



Come and find out on Monday, December 9th in the Nielsen Library!

The Grizzly Testing and Learning Center and Career and Counseling services will be hosting two test anxiety workshops for Adams State University students. Learn different methods to control anxiety and prepare for Finals Week.

**Monday, December 9th
10:00 am and 2:00 pm
Nielsen Library Room 316**

Questions or concerns?

Please contact the Grizzly Testing and Learning Center at (719)587-8189 or at testingcenter@adams.edu.